Guidelines for Senior Year for Students Interested in Pursuing a Career in Emergency Medicine

Emergency Medicine training is achieved in either a 3 or 4 year residency program. Training covers a wide variety of fields, including cardiology, critical care, trauma, pediatrics and orthopedics. In addition to intensive training in resuscitation skills and evaluation of the undifferentiated patient, students interested in a career in EM should give careful consideration to the demands of shift work and nontraditional working hours, including weekends and holidays.

Students should spend 1-2 months rotating in a busy ED, preferably one with an emergency medicine residency, working with board-certified emergency physicians. Emergency Medicine will have very different patient populations depending on whether one is practicing in an Urban, Suburban, or Academic environment. If a student is able to take more than one month of EM, they are encouraged to look for diversity of experiences in order to fully assess their fit with the specialty.

NOTE: If interested in EM, it is strongly recommended you rotate in Emergency Medicine at UM during Periods 1-4.

Sub-Internship
Intensive Care Units, Internal Medicine, Pediatrics and Surgery are all valuable.

Research
More emergency medicine residency programs are stressing research. Particularly if you are interested in academics, it is suggested that you gain research experience in a topic relevant to EM, such as injury prevention, health services, resuscitation, brain injury / stroke, acute coronary syndromes, airway management, or ultrasound. Research can focus on basic science, public health, or clinical outcomes aspects of a problem.

Electives
The remainder of the senior year should be spent exploring diverse medical, surgical, and pediatric experiences. Those of high value to a future emergency physician include anesthesiology, ophthalmology, ENT, dermatology, radiology, psychiatry, orthopedics, pediatrics, and the Applied Clinical Anatomy: Emergency Medicine Procedures (Period 10 only).

Students are encouraged to schedule clerkships that will help with career decision making no later than Period 4, and preferably by Period 3, of the M4 year. This is particularly important if students are trying to decide between emergency medicine and another specialty. This allows time to make contacts within your chosen fields and to request recommendation letters. This timing also allows your rotation grade from your field of interest to be on the transcript at the time of application to residency programs.

For more information, please contact our department or review the medical student section at the Society for Academic Emergency Medicine’s website – www.saem.org

(Turn Over)
EM Match Information

- Relevant data for Emergency Medicine from NRMP Charting Outcomes in the Match, 2014:
  - 12% AOA
  - Mean Step I score = 230
  - Mean Step II score = 243
  - Average # of programs ranked = 11.9
- Interviews occur mid-October to mid-January
- Students should interview 12-15 programs. They should meet with an Emergency Medicine Advisor to develop a program list concordant with their academic record.
- Emergency Medicine is moderately to highly competitive with most years having >99% of available slots fill in the match.

EM Advisors

To make an appointment with an EM Advisor, please contact Heather Wourman (cerovski@umich.edu, 734-763-1271).

- Joe House, MD / Clerkship Director
- Michael Cole, MD / Asst. Clerkship Director
- Sacha Montas, MD, JD / Asst. Clerkship Director
- Laura Hopson, MD / Residency Program Director
- Marcia Perry, MD / Assistant Residency Program Director
- Rob Huang, MD / Assistant Residency Program Director / Ultrasound Fellowship Director