Guidelines for Senior Year for Students Interested in Pursuing a Career in Orthopaedic Surgery

Sub-Internship
Either of the Orthopaedic Surgery sub-internships.

Also recommended are the Surgery sub-internships (particularly either general, plastic, thoracic, trauma, or vascular), including ICU requirement as part of the sub-internship.

Electives
One to three months on Internal Medicine Subspecialty Consult Services e.g. Cardiology, Pulmonary, Infectious Disease, Pre-operative and Peri-operative Medical Consultation, Renal Medicine, and Rheumatology.

For Additional Courses
Any of the following electives would be beneficial:
- Anatomy of Musculoskeletal System (Anatomy)
- Infectious Disease, (University Hospital or V.A. - Internal Medicine)
- Surgical Bootcamp (Surgery)

The goal is to obtain unique experiences you will not get in residency. Suggested courses would include: Anesthesia (preoperative and perioperative assessment; clinical clerkship); Emergency Medicine (with trauma focus); Internal Medicine (Bone/mineral Metabolism, Medical Genetics, Physicians as Leaders and Administrators); Radiology (Diagnostic, Bone); Physical Medicine and Rehabilitation.

Interviewing
Students apply to anywhere from 30-50 programs because of the level of competition. Consultation with the orthopaedic clerkship director and/or faculty mentor is advised. Interview dates usually extend from early November to late January.