

University of Michigan Medical School Medical Student Work Hours Policy

I. Purpose

The Medical school is committed to and responsible for promoting patient safety and student well-being and to providing a supportive educational environment. This policy is to clarify the requirements and protection to medical students regarding the hours they are required to work during their clinical and elective rotations at the University of Michigan.

II. Policy

All clinical rotations and elective rotations must adhere to this policy. Working hours are defined as clinical activities related to their rotation, which includes clinical care, in-house call, short call, and night float. Working hours specifically excludes time spent at home reading or studying.

III. Procedures

A. Workload Limits

1. Each student is limited to 80 hours of assigned clinical duties per week averaged over the length of the rotation. This includes time spent sleeping in the hospital while on call and departmental or medical school-sponsored core lectures.
2. Students are required to have one 24-hour period off in seven, averaged over the length of the rotation.

B. Compliance

1. This policy will be monitored for compliance by the following:
 - a. Required and Elective Clerkship Directors
 - b. Component III/IV Committee
 - c. Associate and Assistant Deans for Medical Student Education
2. Course Evaluation Outcome

If it is found that students have been compelled to work beyond the allowable time frame as described above during the monitoring process via the course evaluations, an Associate or Assistant Dean for Medical Student Education will meet with the specific clerkship director to assure compliance to the policy.

C. Non-Retaliation

Students may report, anonymously, work hour violations to the clerkship director or any Associate or Assistant Dean for Medical Student Education. Retaliatory action against students who report infractions of this policy is prohibited. Persons, including attending physicians and residents, found responsible for retaliatory actions will be subject to disciplinary action.

IV. References

LCME Standard ED-38

V. History of Policy

- Original Approval Date: April 22, 2011
- Approved by: The University of Michigan Medical School Curriculum Policy Committee

Revisions:

- Reformatted to the approved Medical School policy format August 2012.

VI. Approval

University of Michigan Medical School Curriculum Policy Committee

Date: November 16, 2012