Engaging with Diverse Communities at UMMS

AND THROUGHOUT SOUTHEAST MICHIGAN





Engaging with Diverse Communities at UMMS

AND THROUGHOUT SOUTHEAST MICHIGAN

This guide represents a sampling of different opportunities and organizations but is not necessarily reflective of all possible diversity, equity and inclusion (DEI)-related engagements available at UMMS or in the greater SE Michigan community. When possible, we have listed websites which may have contact information or more details about how to get further involved. We are open to feedback and any additions.

The development and compilation of the initial version of this guide was led by Kasey Cox '24, Natalie Vela '24, Emily Vogt '24, and other members of the Diversity and Health Equity subcommittee for Second Look at Michigan in April 2021. We would also like to thank members of the Student Diversity Council, the Office for Health Equity and Inclusion, and the Office for Medical Student Education for their contributions and oversight, and Maria White for her continued management of this resource.

- **2** Language Opportunities
- 2 DEI Efforts at UMMS
- 3 Serving Under-Resourced Communities
- 3 Research-related Opportunities

Global Health

Community-based

Student + Department Organized Conferences

NIH Electives and Research Years

4 Mentorship Opportunities

Mentorship

Menteeship

- 5 Department Specific Initiatives
- 5 Student + Identity Groups
- **6** Curriculum Opportunities

Scientific Trunk - Required

Clinical Trunk & Branches - Required

Other Opportunities - Non-Required



Language Opportunities

Medicine in Spanish Elective

The intermediate Medical Spanish elective aims to strengthen students' confidence in common patient interactions by focusing on useful phrases to interview and perform a physical exam in Spanish. Additionally, this course focuses on cultural competency and health issues that Hispanic/Latinx patients face. Medicine in Spanish also offers an Casos Clínicos course for those students who are native or advanced proficiency speakers or those who have already taken the intermediate course. It is a case-based discussion of particular diseases and the clinical thinking necessary to develop a diagnosis. There is also a Beginner Med Spanish Seminar Series that focuses on learning healthcarerelated vocabulary and how to work with interpreters (no prerequisites or prior experience necessary).

Medicine in Mandarin Elective

Medicine in Mandarin is offered as an elective course to help students develop the language skills needed to effectively interact with patients in Mandarin. Students with intermediate to advanced knowledge of spoken Mandarin are invited to apply to take this course. Applicants will be evaluated on the basis of a short essay, oral assessment and established commitment to working with Mandarin-speaking patients in their careers. Approximately 10 students are selected for this course each year.

American Sign Language Elective

The American Sign Language (ASL) elective is a one-credit course for first-year medical students to learn basic ASL and explore topics of Deaf culture and health disparities specific to the Deaf and hard of hearing population. The course will be taught by a qualified ASL instructor. The class will meet online for one hour, two times per week, for a total of 10 weeks. Students do not need to know any ASL to enroll.

Collaborating with Interpreter Services at Michigan Medicine

DEI Efforts at UMMS

Curriculum for Health Disparities and Underserved (CHDU)

Health Equity Scholars Program (HESP)

Long-term community partnerships with Detroit
Food Academy (Dose of Reality) and the
Peace Neighborhood Center

Office of Health Equity and Inclusion (OHEI):
Anti-Racism Oversight Committee
L.E.A.D.

OutMD

Creates Medical School Pride Alliance Report Card

Spectrum Center

Student Diversity Council=

White Coats for Black Lives (WC4BL):

Creates institutional Racial Justice Report
Cards

White Coats for Planetary Heath



Serving Under-Resourced Communities

American Indian Health and Family Services of Southeastern Michigan

Arab Community Center for Economic and Social Services (ACCESS) (students can volunteer or do elective rotation)

Arab American Health Initiative (AAHI) (non-profit started by Michigan medical students)

Delonis Clinic

Hope Medical Clinic

Migrant Farm Worker Clinic

Migrant farmworker mobile clinicals with Community Action Agency in Lenawee

Migrant Head Start

Du Russell Potato Farm: FQHC/Migrant health center affiliated with Bay City program

Medical Home Visit (students work with physicians VA Home Based Primary Care)

Project H

University of Michigan Asylum Collaborative (UMAC)

University of Michigan Student Run Free Health Clinic

Wolverine Street Medicine

Dose of reality post

Research-related Opportunities

GLOBAL HEALTH

Global Health & Health Disparities Path of Excellence

Global Reach (Student Funding, Faculty Funding, Research Support)

Grace Care Center Diabetes Clinic (Sri Lanka)

Global Anesthesiology (Sierra Leone)

"Collaborating with a local Sierra Leonean organization to build anesthesia and surgical-related health infrastructure by leveraging local assets"

OBGYN-related opportunities (Ethiopia, Guatemala)

Project Shunt (Guatemala)

Fogarty International Center Fellowship

COMMUNITY-BASED

OHEI sponsored Research and Fellowship Opportunities

Capstone Project Archives (extensive references to clinics who other students collaborated with in past years)



STUDENT + DEPARTMENT ORGANIZED CONFERENCES

Caring for Communities of Color Conference (Sept 2020)

DEI Symposium: Making Space for Belonging Through Racial Healing (April 2021

Diversity in Medicine Conference (March 2021)

"Conference at UM aims to unite health professionals from across the country to highlight efforts to increase diversity in medicine."

HOPE Symposium (March 2021)

"Creating pipelines and pathways for an equitable future in the healthcare workforce")

Moses Gunn Research Conference

NIH ELECTIVES AND RESEARCH YEARS

Clinical Electives Program

Medical Research Scholars Program

Masters of Science in Clinical Research

Fully funded grants from the NIH through the School of Public Health for around 9 students

Mentorship Opportunities

MENTORSHIP

Black Medical Association (BMA)
mentorship program with students in Black
Undergraduate Medical Association (BUMA)

Doctors of Tomorrow (Video)

Frog Island Track Club

Latin American and Native American Medical
Association (LANAMA) mentorship program with
students in Latinx Undergraduate Medical
Association (LUMA)

Medstart

MiHealth

Success Connects

Through UMMS's OHEI and undergraduate school's OAMI, mentorship opportunities with pre-health UMich undergraduate students

OHEI Michigan Health Sciences Summer Institute

MENTEESHIP

American Medical Women's Association

(AMWA)'s Mentorship Pairing Program

ANASTAMOSIS - Surgical Mentorship program

Anesthesiology Mentorship Program

Dermatology Pipeline Program

LEAGUES fellowship in surgery

M-FAMS: Michigan Faculty-Medical Student Partnership

Collaboration between the Office of Health Equity and Inclusion (OHEI) and our Student Diversity Council (SDC). Connects students with faculty members for any DEI-related efforts, questions, or issues.

Ophthalmology Pipeline Programs

Paths of Excellence Faculty Advisor Pairings

Through a Paths of Excellence track, students are hand-selected mentors based on shared interests or experiences.

Urology Pipeline Program (Uroversity)



Department Specific Initiatives

Anesthesiology

Family Med

Internal Med

OB/GYN

Transgender Healthcare Curriculum

Incarceration & Health Justice Series

Ophthalmology

Psychiatry

Surgery

Urology

Student Identity Groups

Black Medical Association (BMA)

Doctors of Tomorow (DOT)

First in Family (First Gen/Low Income)

Latin American and Native American Medical Association (LANAMA)

MDisability - Medical Students for Disability Health & Advocacy (MSDHA), new group without a website

Medical Students of Middle-Eastern Descent (MSMD):

Muslim Medical Students Association (MMSA)

OutMD

Parenting Village, or here

South Asian Medical Student Association (SAMoSA)

United Asian American Medical Student Association (UAAMSA)

Winding Roads (Non-Traditional)



Curriculum Opportunities

SCIENTIFIC TRUNK - REQUIRED

Race, Identity, and Privilege Workshop during Launch week

Doctoring sessions (education & small group discussions)

Social & structural determinants of health

Immigration healthcare & working with an interpreter

LGBTQ+ healthcare

Caring for people with disabilities

Caring for geriatric patients

Moving from awareness of structural racism to action

Intimate partner violence

Patient panels

Weight management & obesity bias

Patients with psychiatric conditions

Lectures (representative, not inclusive)

Society, Food, and Public health (Jessie Marshall, MD, MPH)

Proper terminology relating to transgenderidentifying persons (Jill Cherry-Bukewoic, MD)

Historical Implications of Using Glomerular Filtration Rate (Laura Mariani, MD, MSCE)

Racial and Socioeconomic Factors on Maternal Health (Versha Pleasant MD, MPH)

Counseling people about weight (Kendrin Sonneville, RD)

Late Life Psych/Ageism (Mary Blazek, MD, MEHP)

Stress and Depression During Medical Training (Sarah Mohuiddin, MD)

Psychiatric Disorders of the Peripartum Period (Juan Francisco-Lopez, MD)

Courses and Training

Improving Health Systems:

Health Systems Science Sessions (team-based learning)

Ethics and impact of bias, using Tuskegee experiment as an example

Health disparities in the US, implicit biases, health inequities

Understanding costs associated with healthcare

Interprofessional Education Site Visits

All M1s have a required site visit to a community organization supporting under resourced individuals in the Spring

CLINICAL TRUNK & BRANCHES - REQUIRED

Doctoring sessions (education & small group discussion)

Veteran's healthcare

Spirituality & healthcare

Transgender healthcare

Substance use

Courses and Training

Community agency site visit & debrief (as part of Family Medicine clerkship)

History of Racism in Medicine course

Implicit bias, microaggression, and allyship training as part of required residency preparation course



OTHER OPPORTUNITIES - NON-REQUIRED

Alternate sites for required clerkships

Emergency Medicine: Flint, Detroit, Ypsilanti

Family Medicine: Packard Health, Western Wayne Family Health Center, Ypsilanti Health Center

Internal Medicine: Flint, Jackson (Federally Qualified

Health Centers)

Clinical Trunk Intensives (M2 & M3 years)

Ending medical reversals

Leading positive change by understanding social determinants of health

Bystander training

Addressing disparities amongst patients & health systems

Elective Rotations in the Branches (M3 & M4 years)

Health Care for the Homeless (run by Wolverine Street Medicine)

Care of the Underserved

Rural Health in Adrian, Michigan

ACCESS Health (Arab American Clinic)

Washtenaw County Health Department
Detroit Health Department

Reproductive Autonomy, Health Disparity and Justice

Women's Health Policy

Child Abuse

Transgender Medicine (Pediatrics)

Henry Ford elective in Detroit

Arranging elective rotations with bilingual providers

Culinary Medicine Rotation

Rotations with the Indian Health Service

Disability Health Rotation

Visual Arts in Medicine

Global Health Media Fellowship