Acute Illness/Personal Emergency Management Process for Medical Students (updated 4/11/23)

What to do when you must be absent due to illness or emergency:

- 1. For clinical students: Tell your clerkship/rotation director and coordinator ASAP. In addition, inform the Students Services team (either through your counselor or to Denise Miller at denisecm@med.umich.edu) when you are absent. While contact Student Services is an important step to allow us to provide you support services, you are still responsible for appropriately notifying clerkship teams and directors and/or appropriate faculty and staff as noted above. In rare emergent cases, students may expressly consent to have a counselor or the Assistant Dean for Student Services notify teams on their behalf, but that must be explicitly clarified and documented.
- 2. For M1s: Notify your counselor and appropriate faculty/staff ASAP if you will not be able to attend required in-person activities; for Block-related activities, please email <u>scitrunkstaff@umich.edu</u>; for Doctoring, please email <u>doctoringcrs@umich.edu</u>. Again, you need to *inform the Students Services team* (either through your counselor or to Denise Miller at <u>denisecm@med.umich.edu</u>) when you are absent. While this is an important step to allow us to provide you support services, you are still responsible for appropriately notifying the Scientific Trunk and Doctoring teams.
- 3. For COVID and flu: OHS will provide next-step info to you, including any necessary self-quarantine instructions. If OHS orders further testing, they will notify you of the testing site and further instructions about returning to work/clerkship while testing is pending.

FYI: Temporary injuries

Students with temporary injuries (e.g. broken limb, concussion, postoperative recovery) can reach out to the Learning & Accessibility (L&A) team and discuss the possibility of receiving accommodations on a temporary basis. Students with temporary injuries can meet with a team member prior to submitting documentation. In some situations, provisional accommodations may be appropriate and are typically approved for a set time and revisited when necessary. Contact: L&A Manager JT Sangsland (jtsangs@med.umich.edu).

FYI: Best practices for acute <u>infectious</u> illness (e.g. COVID, flu, other viral URIs):

For activities that are *non-essential* to your education, whether sponsored by the institution or within the community, we highly recommend avoiding social gatherings and consideration of testing (whether home testing, testing through OHS or testing with your PCP). Please consider masking indoors and in high population settings even outside through complete resolution of symptoms, as well as physical distancing, in order to promote the safety and wellbeing of our patients and our community.

If you have a fever, you should not attend any classroom or clinical activities and should reach out to your counselor <u>and</u> clerkship/rotation director (if a clinical student) or appropriate Doctoring, Anatomy or other inperson courses (if preclinical) to make alternative plans. Please don't forget about CCA or additional in-person activities that might be impacted. Your counselor can help you navigate these things.

If you are impacted by illness outside of medical needs (e.g. child care cannot be obtained, you have a personal concern, etc), please do reach out to your counselor for support with other arrangements as necessary.

FYI: Vaccination questions:

Vaccination requirements for medical students are verified by a Student Services team member. If you have questions about vaccination reporting or updates, contact Pamela Beatty Cupitt (pcupitt@med.umich.edu).

Contacting OHS: For urgent matters, call (734) 764-8021 (available 7am-5pm Monday-Friday and 7am-12pm Saturday). For non-urgent matters, e-mail <u>occupational-health@med.umich.edu</u>. Contact OHS by phone or e-mail prior to visiting in person. OHS is located at C380 Med Inn Building; hours of operation are 7am-4:30pm Monday-Friday.