COVID-19 OMSE Student Services Response Plan for Medical Students 1/3/22

COVID-19 vaccination or approved exemption is required by the University of Michigan. In addition, a booster vaccine is now required.

UPDATED: If you are being tested for suspicion of COVID-19 based on symptoms, you must inform Student Services. We do not need to know about close contact exposures at this time, unless you test positive or develop symptoms.

What to do if you have symptoms
If you have symptoms concerning for COVID-19, please complete the OHS COVID-19 symptom survey available here or call OHS. Please utilize only one of these options for reporting symptoms. If you complete the online survey, OHS staff will review as quickly as possible and order COVID-19 testing for you if indicated.

What to do if you have exposure to someone with COVID-19
If you have an exposure to someone with COVID-19, please follow the guidance below. An exposure is defined as prolonged (cumulative total of >15 minutes over a 24-hour period) unmasked close contact (within 6 feet) with an individual with confirmed COVID-19.

- If you completed your initial COVID-19 vaccine series, you may continue to work. You should get tested for COVID-19 around day 2 and between days 5-7 following the exposure. Testing can be done through the U-M Community Sampling and Tracking Program (CSTP). Additional information about CSTP can be found here.
- If you have not completed your initial COVID-19 vaccine series, you should remain off work for 10 days from the date of your exposure. You should get tested for COVID-19 around day 7 utilizing a community testing resource. Some options for testing can be found here.

There is no longer any need to contact OHS to report exposures unless you have additional questions after reviewing this information.

Please note that quarantine and testing guidance changes frequently, and any updates will be communicated. Additional information can be found on the OHS website. The OHS COVID-19 call center is open 7 a.m. – 5 p.m. Sunday through Saturday. The number to reach OHS is (734) 764-8021.

What to do if you test positive:
1. Contact OHS if your test was done outside or at home. If you test outside of OHS and your result is positive, please report your positive test through this link.
2. Tell your clerkship/rotation director and coordinator ASAP if you are a clinical student. If you are an M1, please notify your counselor and appropriate faculty/staff ASAP if you will not be able to attend required in-person activities; for Block-related activities, please email scitrunkstaff@umich.edu; for Doctoring, please email doctoringcrs@umich.edu.
3. All students: inform the Students Services team (either through your counselor or to Dean McKean at elmk@med.umich.edu).
4. OHS will provide next-step info to you, including self-quarantine instructions.
5. If OHS orders further testing, they will notify you of the testing site and further instructions about returning to work/clerkship while testing is pending.

Last updated 1.3.22
**Best practices:**
High risk exposures defined: >15 minutes within 24h, within 6 feet, unmasked. Large gatherings of 25 or more are also high risk.

For activities that are *non-essential* to your education, whether sponsored by the institution or within the community, we highly recommend avoiding social gatherings within 5-7 days of the high-risk exposure, testing (either via home antigen testing or via the [Community Sampling and Tracking Program](https://hr.umich.edu/benefits-wellness/health-well-being/occupational-health-services/coronavirus-information) (CSTP)), continued masking indoors and in high population settings even outside, as well as physical distancing, in order to promote the safety and wellbeing of our patients and our community.

If you have a fever, new dry cough, runny nose or sore throat that is persistent, you should not attend any classroom or clinical activities and should reach out to your counselor and clerkship/rotation director (if a clinical student) or appropriate Doctoring, Anatomy or other in-person courses (if preclinical) to make alternative plans. Please don’t forget about CCA or additional in-person activities that might be impacted. Your counselor can help you navigate these things.

If you are impacted by COVID outside of being positive (e.g. child care cannot be obtained, you have a medical concern, etc), please do reach out to your counselor for support with other arrangements as necessary.

**IMPORTANT:** Always report to the Students Services team (via your counselor or to Dr. McKean at elmk@med.umich.edu) if you are COVID positive.

The most up-to-date guidance from OHS may be accessed at: [https://hr.umich.edu/benefits-wellness/health-well-being/occupational-health-services/coronavirus-information](https://hr.umich.edu/benefits-wellness/health-well-being/occupational-health-services/coronavirus-information)

**Contacting OHS:**
- For urgent matters, call (734) 764-8021 (available 7am-5pm Monday-Friday and 7am-12pm Saturday)
- For non-urgent matters, e-mail occupational-health@med.umich.edu
- Contact OHS by phone or e-mail prior to visiting in person
- OHS is located at C380 Med Inn Building; hours of operation are 7am-4:30pm Monday-Friday