Engaging with Diverse Communities at UMMS
AND THROUGHOUT SOUTHEAST MICHIGAN
Engaging with Diverse Communities at UMMS
AND THROUGHOUT SOUTHEAST MICHIGAN

This guide represents a sampling of different opportunities and organizations but is not necessarily reflective of all possible diversity, equity and inclusion (DEI)-related engagements available at UMMS or in the greater SE Michigan community. When possible, we have listed websites which may have contact information or more details about how to get further involved. We are open to feedback and any additions.

The development and compilation of the initial version of this guide was led by Kasey Cox ’24, Natalie Vela ’24, Emily Vogt ’24, and other members of the Diversity and Health Equity subcommittee for Second Look at Michigan in April 2021. We would also like to thank members of the Student Diversity Council, the Office for Health Equity and Inclusion, and the Office for Medical Student Education for their contributions and oversight, and Maria White for her continued management of this resource.

2 Language Opportunities

2 DEI Efforts at UMMS

3 Serving Under-Resourced Communities

3 Research-related Opportunities

- Global Health
- Community-based
- Student + Department Organized Conferences
- NIH Electives and Research Years

4 Mentorship Opportunities

- Mentorship
- Menteeship

5 Department Specific Initiatives

5 Student + Identity Groups

6 Curriculum Opportunities

- Scientific Trunk - Required
- Clinical Trunk & Branches - Required
- Other Opportunities - Non-Required
Language Opportunities

**Medicine in Spanish Elective**

The intermediate Medical Spanish elective aims to strengthen students’ confidence in common patient interactions by focusing on useful phrases to interview and perform a physical exam in Spanish. Additionally, this course focuses on cultural competency and health issues that Hispanic/Latinx patients face. Medicine in Spanish also offers an Casos Clínicos course for those students who are native or advanced proficiency speakers or those who have already taken the intermediate course. It is a case-based discussion of particular diseases and the clinical thinking necessary to develop a diagnosis. There is also a Beginner Med Spanish Seminar Series that focuses on learning healthcare-related vocabulary and how to work with interpreters (no prerequisites or prior experience necessary).

**Medicine in Mandarin Elective**

Medicine in Mandarin is offered as an elective course to help students develop the language skills needed to effectively interact with patients in Mandarin. Students with intermediate to advanced knowledge of spoken Mandarin are invited to apply to take this course. Applicants will be evaluated on the basis of a short essay, oral assessment and established commitment to working with Mandarin-speaking patients in their careers. Approximately 10 students are selected for this course each year.

**American Sign Language Elective**

The American Sign Language (ASL) elective is a one-credit course for first-year medical students to learn basic ASL and explore topics of Deaf culture and health disparities specific to the Deaf and hard of hearing population. The course will be taught by a qualified ASL instructor. The class will meet online for one hour, two times per week, for a total of 10 weeks. Students do not need to know any ASL to enroll.

**Collaborating with Interpreter Services at Michigan Medicine**

DEI Efforts at UMMS

**Curriculum for Health Disparities and Underserved (CHDU)**

**Health Equity Scholars Program (HESP):**
- Long-term community partnerships with Detroit Food Academy (Dose of Reality) and the Peace Neighborhood Center

**Office of Health Equity and Inclusion (OHEI):**
- Anti-Racism Oversight Committee
- L.E.A.D.

**OutMD**
- Creates Medical School Pride Alliance Report Card

**Spectrum Center**

**Student Diversity Council**

**White Coats for Black Lives (WC4BL):**
- Creates institutional Racial Justice Report Cards

**White Coats for Planetary Health**
Serving Under-Resourced Communities

- American Indian Health and Family Services of Southeastern Michigan
- Arab Community Center for Economic and Social Services (ACCESS) (students can volunteer or do elective rotation)
- Arab American Health Initiative (AAHI) (non-profit started by Michigan medical students)
- Delonis Clinic
- Hope Medical Clinic
- Migrant Farm Worker Clinic
  - Migrant farmworker mobile clinics with Community Action Agency in Lenawee
  - Migrant Head Start
  - Du Russell Potato Farm: FQHC/Migrant health center affiliated with Bay City program
- Medical Home Visit (students work with physicians VA Home Based Primary Care)
- Project H
- University of Michigan Asylum Collaborative (UMAC)
- University of Michigan Student Run Free Health Clinic
- Wolverine Street Medicine
  - Dose of reality post

Research-related Opportunities

GLOBAL HEALTH

- Global Health & Health Disparities Path of Excellence
- Global Reach (Student Funding, Faculty Funding, Research Support)
- Grace Care Center Diabetes Clinic (Sri Lanka)
- Global Anesthesiology (Sierra Leone)
  - “Collaborating with a local Sierra Leonean organization to build anesthesia and surgical-related health infrastructure by leveraging local assets”
- OBGYN-related opportunities (Ethiopia, Guatemala)
- Project Shunt (Guatemala)
- Fogarty International Center Fellowship

COMMUNITY-BASED

- OHEI sponsored Research and Fellowship Opportunities
- Capstone Project Archives (extensive references to clinics who other students collaborated with in past years)
STUDENT + DEPARTMENT ORGANIZED CONFERENCES

Caring for Communities of Color Conference (Sept 2020)

DEI Symposium: Making Space for Belonging Through Racial Healing (April 2021)

Diversity in Medicine Conference (March 2021)

“Conference at UM aims to unite health professionals from across the country to highlight efforts to increase diversity in medicine.”

HOPE Symposium (March 2021)

“Creating pipelines and pathways for an equitable future in the healthcare workforce”

Moses Gunn Research Conference

NIH ELECTIVES AND RESEARCH YEARS

Clinical Electives Program

Medical Research Scholars Program

Masters of Science in Clinical Research

Fully funded grants from the NIH through the School of Public Health for around 9 students

MENTEESHIP

American Medical Women’s Association (AMWA)’s Mentorship Pairing Program

ANASTAMOSIS - Surgical Mentorship program

Anesthesiology Mentorship Program

Dermatology Pipeline Program

LEAGUES fellowship in surgery

M-FAMS: Michigan Faculty-Medical Student Partnership

Through a Paths of Excellence track, students are hand-selected mentors based on shared interests or experiences.

Ophthalmology Pipeline Programs

Pathways of Excellence Faculty Advisor Pairings

Through a Paths of Excellence track, students are hand-selected mentors based on shared interests or experiences.

Urology Pipeline Program (Uroversity)

Latin American and Native American Medical Association (LANAMA) mentorship program with students in Latinx Undergraduate Medical Association (LUMA)

Medstart

MiHealth

Success Connects

Through UMMS’s OHEI and undergraduate school’s OAMI, mentorship opportunities with pre-health UMich undergraduate students

OHEI Michigan Health Sciences Summer Institute
Department Specific Initiatives

Anesthesiology
Family Med
Internal Med
OB/GYN
  Transgender Healthcare Curriculum
  Incarceration & Health Justice Series
Ophthalmology
Psychiatry
Surgery
Urology

Student Identity Groups

Black Medical Association (BMA)
Doctors of Tomorrow (DOT)
First in Family (First Gen/Low Income)
Latin American and Native American Medical Association (LANAMA)
MDisability - Medical Students for Disability Health & Advocacy (MSDHA), new group without a website
Medical Students of Middle-Eastern Descent (MSMD):
  Muslim Medical Students Association (MMSA)
OutMD
Parenting Village, or here
South Asian Medical Student Association (SAMoSA)
United Asian American Medical Student Association (UAAMSA)
Winding Roads (Non-Traditional)
Curriculum Opportunities

**SCIENTIFIC TRUNK - REQUIRED**

Race, Identity, and Privilege Workshop during Launch week

**Doctoring sessions** (education & small group discussions)
- Social & structural determinants of health
- Immigration healthcare & working with an interpreter
- LGBTQ+ healthcare
- Caring for people with disabilities
- Caring for geriatric patients
- Moving from awareness of structural racism to action
- Intimate partner violence

**Patient panels**
- Weight management & obesity bias
- Patients with psychiatric conditions

**Lectures** (representative, not inclusive)
- Society, Food, and Public health (Jessie Marshall, MD, MPH)
- Proper terminology relating to transgender-identifying persons (Jill Cherry-Bukewoic, MD)
- Historical Implications of Using Glomerular Filtration Rate (Laura Mariani, MD, MSCE)
- Racial and Socioeconomic Factors on Maternal Health (Versha Pleasant MD, MPH)
- Counseling people about weight (Kendrin Sonneville, RD)
- Late Life Psych/Ageism (Mary Blazek, MD, MEHP)

Stress and Depression During Medical Training (Sarah Mohuiddin, MD)
Psychiatric Disorders of the Peripartum Period (Juan Francisco-Lopez, MD)

**Courses and Training**

**Improving Health Systems:**
- Health Systems Science Sessions (team-based learning)
- Ethics and impact of bias, using Tuskegee experiment as an example
- Health disparities in the US, implicit biases, health inequities
- Understanding costs associated with healthcare

**Interprofessional Education Site Visits**
- All M1s have a required site visit to a community organization supporting under resourced individuals in the Spring

**CLINICAL TRUNK & BRANCHES - REQUIRED**

**Doctoring sessions** (education & small group discussion)
- Veteran’s healthcare
- Spirituality & healthcare
- Transgender healthcare
- Substance use

**Courses and Training**

**Community agency site visit & debrief** (as part of Family Medicine clerkship)
- History of Racism in Medicine course
- Implicit bias, microaggression, and allyship training as part of required residency preparation course
OTHER OPPORTUNITIES - NON-REQUIRED

Alternate sites for required clerkships
- Emergency Medicine: Flint, Detroit, Ypsilanti
- Family Medicine: Packard Health, Western Wayne Family Health Center, Ypsilanti Health Center
- Internal Medicine: Flint, Jackson (Federally Qualified Health Centers)

Clinical Trunk Intensives (M2 & M3 years)
- Ending medical reversals
- Leading positive change by understanding social determinants of health
- Bystander training
- Addressing disparities amongst patients & health systems

Elective Rotations in the Branches (M3 & M4 years)
- Health Care for the Homeless (run by Wolverine Street Medicine)
- Care of the Underserved
- Rural Health in Adrian, Michigan
- ACCESS Health (Arab American Clinic)
- Washtenaw County Health Department
- Detroit Health Department
- Reproductive Autonomy, Health Disparity and Justice
- Women’s Health Policy
- Child Abuse
- Transgender Medicine (Pediatrics)
- Henry Ford elective in Detroit
- Arranging elective rotations with bilingual providers
- Culinary Medicine Rotation
- Rotations with the Indian Health Service
- Disability Health Rotation
- Visual Arts in Medicine
- Global Health Media Fellowship